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COVID19 Prevention Checklist Industry Guidance

Last updated: Jul 24, 2020

The State of Maine has adopted a staged approach, supported by science, public health expertise, and industry collaboration, to allow Maine businesses to safely open when the time is right. The plan is available at www.maine.gov/covid19/restartingmaine.

This is one of many industry guidance documents the State is preparing for businesses so they can be prepared to meet health guidelines and reopen safely. Please make sure you pair this document with the general guidance document that applies to all industries, which is available on maine.gov/decd.

Please note: This document may be updated as additional information and resources become available.

Phase 2: Lodging

Employees

- Require employees to wear cloth face coverings
- Remind employees to practice good hand hygiene with frequent handwashing and hand sanitizing, especially between contact with guests and guest items.
- Where possible, stagger employee shifts and meal breaks to avoid crowding in common work areas.
- Ensure employees stay 6 feet apart whenever practical.
- Adjust seating in break rooms and other common areas to reflect physical distancing practices.
- Prohibit gatherings or meetings of employees of 10 or more during working hours.
- Permit employees to take breaks and lunch outside, or in such other areas where physical distancing is attainable.
- Do not allow employee food or drink in customer service areas.

- Limit interaction between employees and outside visitors or delivery drivers; implement touchless receiving practices if possible.
- Adjust training/onboarding practices to limit the number of people involved and allow for 6-foot spacing; use virtual/video/audio training when possible.
- Limit sharing of handheld equipment, phones, desks, workstations, and other tools and equipment between employees to the extent possible.
- Provide employees training on:
 - physical distancing guidelines and expectations
 - monitoring personal health
 - proper wear, removal, disposal of Personal Protective Equipment (PPE)
 - laundering of face coverings and uniforms as listed below
 - cleaning protocols as listed below (or per CDC)
 - how to monitor personal health and body temperature at home.
 - guidance on how to launder cloth face coverings and uniforms: [see CDC, Cleaning and Disinfecting Your Facility, How to Disinfect: Laundry](#)
 - cleaning protocol, including how to safely and effectively use cleaning supplies.
- Consider employee training in safe de-escalation techniques.

Guests

- Visitors from outside Maine must follow the [Keep Maine Healthy](#) plan. (Updated 7/1/20)
 - Establishments must collect a Certificate of Compliance form (on paper or electronically) as a prerequisite to check-in from people who are not residents of Maine or [states exempted](#) from testing and quarantine requirements, indicating they have received a negative COVID-19 test result, that they will quarantine in Maine for 14 days, or that they have already completed their quarantine in Maine. Establishments should keep these records for 30 days.
- Call-ahead or online reservations are required.
- Inform guests of your COVID policies and procedures in advance, if possible.
- Place signage at entrances and throughout the store alerting guests to COVID policies, especially to maintain 6 feet physical distance to the extent possible.
- Require customers to wear cloth face coverings. This is especially important when social distancing is difficult (e.g. waiting in line for registration, entering or exiting, walking to the restrooms).
- Restroom occupancy should be limited for group restrooms to incorporate physical distancing, and waiting lines outside of restrooms should be avoided.
- At this time, any breakfast service should be packaged as “grab and go”. No buffets or self-service areas with multi-use items.
- Minimize other self-service areas such as drink stations. To the extent possible, use contact-less dispensers to minimize hand touching. Replace multi-use condiments with single-serve packets. Other suggestions to minimize multi-touch surfaces include providing single-wrap utensils, straws, and lids provided at any take-out or self-seating point of sale. Self-service areas require frequent cleaning and disinfection.
- Self-service dispensers for coffee, drinks, juice, and ice should be routinely cleaned or discontinued at this time.
- Group size is limited per executive order.

Operations

- Exercise facilities should follow guidance for [Gyms and Fitness Centers](#), adhering to the reopening date and requirements for the given county. (Updated 6/10/20)
- See [food and drink services](#) guidance for restaurants on site. Room service is encouraged.

- Practice enhanced room sanitation by cleaning and sanitizing all hard services after each guest, as well as laundering linens, bedspreads, and covers.
- Following each departure, guest rooms will be left vacant for at least 4 hours to allow for deep cleaning, disinfectant and cleaners to dry, and reasonable air exchange. Consider ways to maximize airflow, if practical, to increase fresh air circulation (e.g. opening windows, or doors). (Updated 7/2/20)
- Widen high-traffic areas to the extent possible.
- Note that staff or customer use of elevators or escalators will require regular attention to physical distance guidelines and frequent cleaning of high-touch surfaces.
- Minimize shared touch surfaces such as kiosks, tablets, pens, credit cards, receipts and keys.
- Establish procedure for regularly disinfecting inventory and newly received deliveries.
- Establish protocols for handling and processing shipping and receipts (including disinfection).
- Advise workers, contractors, drivers, and vendors that they are required by Executive Order #49 FY 19/20 to wear cloth face coverings while on the premises.
- Notify vendors of re-opening, and any revised protocol as it relates to store entry, deliveries, paperwork, etc.
- Consider implementing measures to ensure vendor safety, including:
 - Disabling/suspending access (e.g., suspending all non-employee truck drivers from entering restaurant).
 - Transitioning to contactless signatures/e-signatures for deliveries.
 - Where practical, adjusting store delivery windows to spread out deliveries.
- Request that vendors direct their employees to follow all social distancing guidelines and health directives issued by the applicable public authorities.
- Require regular and frequent sanitization of high-touch areas like restrooms, handrails, doors, PIN pads, and common areas that are accessible to staff, guests, and suppliers.
- Provide sanitization materials, such as sanitizing wipes, to employees to clean handhelds/wearables or other work tools and equipment before/after use.
- Consider providing cleaning “kits” including disinfectant wipes or sprays, disposable or reusable gloves, paper towels, cloth face coverings, hand sanitizer and other cleaning supplies are readily accessible throughout the hotel for areas that will be cleaned periodically throughout the day.
- Note that areas of cleaning focus for general hotel areas include:
 - Door and drawer handles
 - Light and other power switches (consider signage to keep lights on at all times, or utilizing exiting motion sensor capabilities)
 - Shared tools
 - Chairs, tables, and benches
 - Television remotes
 - Refrigerators, microwave, and other frequently touched objects and surfaces in service areas.
 - Time clocks
 - Entry way
 - Cash register, including touch screens, keyboards, mouse.
 - PIN Pads (touch screen, keypad, and pen).
 - Restrooms
 - Toilet bowl, toilet paper holder, and flush lever.
 - Sinks and faucets.
 - Paper towel holders and/or air dryers.
 - Diaper-changing stations.

- Note that vending machines are not recommended at this time due to the challenge of keeping surfaces clean. Automatic ice self-dispensing machines are acceptable.
- Provide hand sanitizer in public areas for guest and employee use.
- De-clutter paper amenities in guest rooms: Remove reusable materials such as pens, paper, guest directories, magazines, and brochures; supplement with digital or single-use materials, replacing materials between guests, or make them available upon request. (7/24/20)
- For contact tracing purposes, establishments should maintain a record including contact information for clients, and those personnel who had direct interaction with them.
- Hotels should maintain records that will help trace contacts of any infected individuals that have been to the hotel property. Review and implement a record keeping process to maintain records of guest and staff movement.

Sales

- Promote “Contactless” payment options.
- Wash hands or use alcohol based hand sanitizer (at least 60% alcohol) after handling cash.
- Consider adding physical barriers such as partitions or plexiglass barriers at registers.

Swimming pools and other aquatic activities (Updated 5/20/20)

- Pools must continue to follow Governor’s current Executive Order regarding gathering size.
- There is an increased risk of transmission in an indoor pool. Therefore:
 - Indoor pools are recommended to be limited to single swimming lanes.
 - Free/open swim times are not recommended for indoor pools at this time.
- Keep swimming pools properly cleaned and disinfected. Proper operation, maintenance, and disinfection (with chlorine or bromine) of swimming pools should kill the virus that causes COVID-19.
- Swimming pool directors must plan for cleaning and disinfection of items that are typically shared between individuals.
- Face coverings should not be worn in the pool.
- Physical distancing must be maintained to the extent possible in the pool, on the pool deck, in diving board areas, and seating areas.
- Common touch surfaces such as hand rails, ladders, and diving platforms, should be cleaned and disinfected frequently.
- Hot tubs and spas may be used provided that patrons are maintaining physical distancing at all times and using a face covering. (Updated 6/24/20)
- For water playgrounds and water parks, refer to the [Outdoor Amusements checklist](#) for guidance. (Updated 6/24/20)
- Swimming in the ocean, lakes and ponds is allowed. Physical distancing must be maintained on any beach areas.

COVID-19 Prevention Form

In order to open, businesses must commit to complying with requirements of these checklists by [filling out this short online form](#). Please note that religious organizations and licensed health care providers are not required to use this form.

If you have questions, please contact us at business.answers@maine.gov or [1-800-872-3838](tel:1-800-872-3838).

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