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# **Travel & Exposure Related Isolation / Quarantine**

Those who are unvaccinated and have traveled to the following locations need to quarantine upon arrival in Kansas. This applies to both residents and visitors:

- Traveled between Aug. 27 and Sept. 23 to French Polynesia or Guadeloupe.
- Traveled on or after Sept. 23 to Grenada.
- Attendance at any gathering of 500 or more where individuals do not socially distance (6 feet) and wear a mask.
- Been on a cruise ship or river cruise on or after March 15, 2020.
- Others needing to continue quarantining:
  - Received notification from public health officials (state or local) that you are a close contact of a laboratory-confirmed case of COVID-19.

The [length of quarantine](#) varies from 7 to 10 days depending on whether you have been tested for COVID-19.

Those who are fully vaccinated not required to quarantine if they meet the criteria outlined.

The [travel list](#) was reviewed and updated on September 23, 2021.

## **How Often is the Travel List Updated? How are the Locations Determined?**

The travel list will be updated/reviewed in approximately two weeks. How do we determine the states that are listed on the travel quarantine list? We use a formula to evaluate new cases in states over a two-week period, then adjust for population size to provide a case rate per 100,000 population. This provides a number that can then be compared to the rate in Kansas. States with significantly higher rates -- approximately 3x higher -- are added to the list. [Learn more.](#)

 Map of world with lines indicating travel

**International Travel:** Please note that the CDC may have testing or quarantine requirements for individuals traveling back into the United States. [Visit CDC.gov.](#)

**U.S. Travel:** Check the CDC's [Travel Planner](#) for state, local, tribal, and territorial government restrictions before traveling.

1. [Vaccination](#)
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Vaccinated persons are not required to quarantine regarding travel if they meet all of the following criteria:

- Are fully vaccinated (i.e.,  $\geq 2$  weeks following receipt of the second dose in a 2-dose series, or  $\geq 2$  weeks following receipt of one dose of a single-dose vaccine)
- Have remained asymptomatic since the travel

Persons who do not meet both of the above criteria should continue to follow current quarantine guidance for travel.

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1.  Kansas Department of Health and Environment

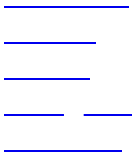
## Kansas Department of Health and Environment

1. *KDHE cannot provide lab test results or medical advice. Please contact your healthcare provider to discuss your needs.*

**Phone:** [866-534-3463](#) (866-KDHEINF)  
Monday through Friday, 8:30 am to 5:00 pm

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